



February 2024 - BOM

## Over the Rainbow

Pick your favorite rainbow color and join us in making some half square triangles, the featured technique for February.

Linda McNeely & Heidi Swanson

### Over the Rainbow

Technique = Half Square Triangles or HST  
Block size is a 12 ½" square.  
¼" Seam allowance.

### Fabrics & Cutting

1. 3 ½" squares – 2 white, 2 black.
2. 2 x 15" square. Colors should be light and dark shades of a rainbow color.

This method makes 8 HSTs at once. You will only need 4 HSTs for each block. You can adapt this part of the pattern to allow for your preferred method. The Bonus Page provides instructions for 4 HSTs.

### Assembly Steps

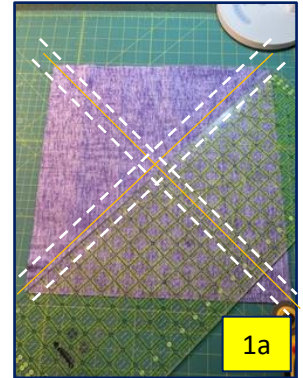
1. Make 8 Half Square Triangles
  - a) Mark lines across diagonals of one 15" square (yellow line in photo). Put light & dark 15" squares right side together (RST) and sew ¼" seam on both sides of both lines (white dashed lines).
  - b) Cut along center and diagonal lines to get 8 triangle units. (You will have enough for two "Over the Rainbow" blocks).
2. Press triangles open and trim to 6 ½" square.

**TIP:** Press seam to the dark side as this will allow you to nest seams and get sharp points.

3. Sew together the 4 x 6 ½" squares in a pinwheel pattern. See photo #2.
4. Snowball the corners with black and white squares diagonal to each other, placement as in photo #3. Fabrics are rights sides together (RST).

**TIP:** For a snowball refresher, see Oct BOM and remember to sew slightly to the outside of the line towards the corner.

5. Trim corners (See photo #4) and press the corners to finish the block. Final square measurement is 12 ½".



Bring your block to our next guild meeting to enter the lottery and win that month's collection of blocks! If you can't come to the meeting, you can enter by sharing your block on our BOM Facebook page by 10 am the morning of the Guild Meeting. Each completed block give you one chance to win, whether you are present at the meeting or not. Blocks will be collected from those attending the meeting in person. Everyone else will privately mail their blocks to the winner.



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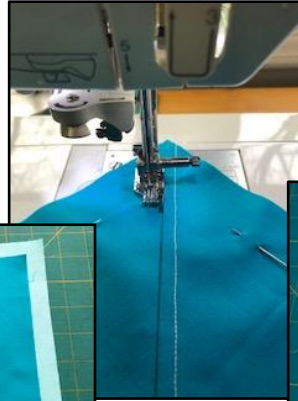
## *Technique Focus*

BONUS PAGE – Alternate Method for HSTs; Trimming Blocks and Nesting Seams

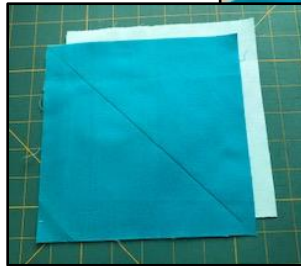
### Half Square Triangles from a Square

There are many ways to make HSTs. This method takes one square and makes 2 HSTs!

1. Cut one square of each color/fabric. **Squares should be + 7/8" than desired end size.**
2. Then, draw one line on the back of one square.
3. Pin squares together and sew  $\frac{1}{4}$ " on each side of the line.
4. Cut along the line and you have 2 triangles! (See photo on bottom of page)



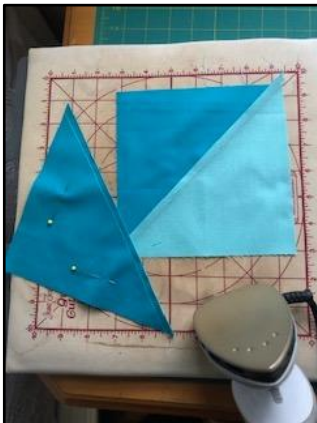
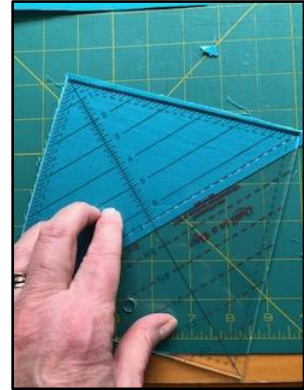
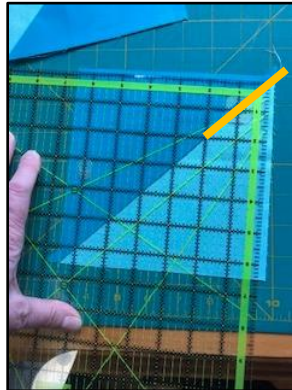
For **FEB BOM**, use a  $7 \frac{3}{8}$ " square to start.



### Trimming Blocks

To insure you have accurate points for HSTs, it is helpful to make the block slightly bigger than needed and trim it down to the size desired. Some options include:

1. Use a square ruler and align the diagonal with the seam of the HST.
2. Use a specialty ruler such as "Square Up Ruler" and measure before pressing seams open.



### Nesting Seams

If you press both HSTs to the dark side, the seams will nest and you can use the guide of these seams to line up the square.

The advantage of nesting seams is that it offers a good way to match seams from one block to another in a quilt AND helps with keeping the points precise when you pinwheel HSTs!